

### **Gentle Care for Your Son or Daughter with Children’s Dentistry from Grand Dental Nichols Hills**

Thinking back, can you remember how you learned to brush your teeth? Or what about your first visit to the dentist? If you were still a child, odds are you don’t remember that first time at all. You just know you’ve been going year after year after year, because that’s what you were taught.

So, you may be wondering when’s the best time to start bringing your own son or daughter. There’s no hard-and-fast answer, but our office regularly cares for the dental needs of children as young as three years old.

Before that, though, you may want to bring your little one along on one of your own checkups, so he or she can become familiar with the sights, sounds, and friendly faces at [our Oklahoma City practice](#). Then, when it’s finally your child’s turn, they’ll not only know who we are, they’ll also feel comfortable being in our office.

### **Care for Your Entire Family from Dr. Kirk, Dr. Henry, and Dr. Proud**

Because [Dr. Kirk](#), [Dr. Henry](#), and [Dr. Proud](#) see patients as young as three, that means we can help your entire family, from the oldest on down to the youngest. We’re committed to helping all our patients have strong, healthy smiles that last a lifetime.

What’s more, we’re equally as committed to showing our patients how they can do their part at home. And that all begins with teaching your child how to brush and floss, because learning how to care for his or her smile at a such young age can help your little one develop habits that will make for a lifetime of excellent oral health.

### **Help Your Child Get Started with a FREE First Visit**

If you’d like to know more about **children’s dentistry** and how we can help you teach your little one how to brush and floss, give us a call today. And as added encouragement, we’re offering free exams, including X-rays, for new patients.

Located in the **Nichols Hills** area, our practice serves patients from **Oklahoma City, Edmond, Norman, Midwest City**, and beyond.

[Call us](#) today to [schedule a FREE First Visit](#) with Dr. Kirk, Dr. Henry, or Dr. Proud!